SIDH Learning
The smarter way to study

Starting Year 7 Checklist

Use a calm, manageable routine in the first term of secondary school.

Before school starts

- [ ] Check journey, arrival time and a safe travel plan.
- [ ] Organise uniform, stationery and homework materials.
- [ ] Find out where to ask for help if something is confusing.
- [ ] Discuss the timetable and how to find different classrooms.

In the first weeks

- [ ] Set a regular place and time for checking homework.
- [ ] Talk about one positive moment and one difficult moment.
- [ ] Check whether any subject needs a little extra practice.
- [ ] Speak to the school early if worries or problems persist.

Family check-in

What is going well: _____

One thing to make easier: _____

Next conversation date: _____